

AIB2B

ENGAGING QUALITY PROFESSIONALS TO IMPACT COMMUNITIES

OUR MISSION IS SIMPLE



CHARITABLE

Connecting our members with the most high-integrity charities to perform "random acts of kindness".



CULTURAL

Pushing for fair representation of Asians in print, online, movies and television, ending negative stereotypes.



POLITICAL

Pushing for more Asian Americans in government, furthering our family and pro-business values.



EASTVALE LANTERN FESTIVAL

EASTVALE, CA

On February 19, the City of Eastvale partnered with Eastvale American Chinese Association and Panana Night Market to host the first annual Eastvale Lantern Festival. It was a free event that had cultural performances, food, and activities, complete with a Chinese dragon dance to ring in the Year of the Tiger.

AIB member Peter Cheng and his Chinese American Volunteer Association (CAVA) put together the event from vendor management to event set up. A total of about 15,000 people attended over the course of the two nights.

We applaud Peter and his commitment to gapping the bridge between Asian culture and the community as well as his tireless efforts in giving back through volunteerism and philanthropy! Next month we will be doing an exclusive piece on the cool mission that CAVA is will be taking on this coming year.





HEALTHY/HAPPY

SHERILL FRANKLIN

Welcome back to another installment of Happy/Healthy!

Last month we started to talk about a topic that can be eye-roll-worthy for many of us, but is also one that many of us struggle with: mental health. No, we are not rolling out the sofa, and the tissues, and the “how-does-that-make-you-feels”; but I think we can all relate to having the pull-our-hair-out days now and then. Had one myself, just last Thursday. What can be done to promote more peace and better health? A very effective strategy is this: doing something positive for your body, your mind, and your soul, everyday. What do I mean by that? With constant outside stimulus, (work, bills, mortgages etc.) we can become swept up by all of it, distracted from our present, unaware of the beauty around us. That can become a lot to bear. It might feel like you are smothered by a cloud, or stuck in quicksand. With this practice, doing something outside of your regular routine, something positive, can draw us back into our present and out of the chaos. Last month we discussed the body, and this month we will dive into the Mind.

This may sound trickier, but it is the same concept as the body. I know what you're thinking; “my mind is always working”, “my mind won't even quiet

down and let me sleep”, “trust me, my mind works plenty with the weight of my job and ensuring I keep a roof over my family's head”. Like we discussed with the section on the body, these are instinctual practices. We all must work, we all must provide in our own way. But for our mental health, we need to do something with our minds that is outside of our norm. That could consist of reading a book. And no, not necessarily a whole book in one sitting. It could be 5 pages before bed, or before you start your day. Listening to a podcast or audio book on your commute. Researching a topic that interests you. Going to a museum. These are just a few of many options, and ultimately it is up to each person to decide what is going to be the best fit. Do you need to promote more joy, or give yourself a challenge? The person that needs more joy might not necessarily listen to a Ted Talk, but might take an afternoon and arrange the family photos in an album. There is no right answer that applies to everyone, since we are, each one of us, so beautifully unique.

Next month we will cover the third and final step, doing something for the Soul. I hope you enjoyed this month's installment of Happy/Healthy, and I wish you readers abundant health and happiness!



LOVE YOUR ENEMIES

ANALIA ANDERSON

Have you been persecuted, slandered, gossiped and lied about, betrayed, and done wrong by family members, friends, coworkers, acquaintances or even strangers whom you've been good to, blessed, cared for, and loved, or simply for no reason other than you're a blessed child of God? Welcome to the world of being a Christian! The moment we give our life to the Lord, our light shines brighter and brighter as we follow Him. That light also exposes the darkness. People who do not know the Lord are threatened by the light, and will attack us at any cost to discredit us and rob us of any joy, love, and blessing that comes

with serving Him. These are demonic spirits operating in and through them. The way to expel them is submitting to God.

"Therefore submit to God. Resist the devil and he will flee from you."—James 4:7

"For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."—Ephesians 6:12

"If the world hates you, you know that it hated Me before it hated you."—John 15:18

...Continued

When we are attacked, our instinct reaction is to defend ourselves and retaliate, but that's a trap from the devil to feed strife and rob us of our blessings. Instead, let God fight our battles. He is our vindicator and vengeance is His. God's justice is far greater than anything we can do in the natural to fight back or clear our name. He exposes wickedness and is faithful to those who love Him and are obedient. Although seeing people get what they deserve may give us some satisfaction, we need to remind ourselves how much mercy God gave us. Our goal should be to change lives and hearts to repentance. When we pray for others

and give them grace, they are convicted and eventually become truly sorry. We want to win them over to the Lord. By our conduct, they should see Jesus. Pray for strength to remain kind even when wronged. God is in the business of transforming lives, including our own. Praise the Lord for His mercy and grace!

"I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven;"—Matthew 5:44-45.

UPCOMING EVENTS

ASIAN INDUSTRY B2B PRESENTS
A SCREENING
TRAFFICKED
WE ARE NOT FOR SALE

Christine Mantyla
South Coast College
Community Advocate

Shari Ho
Human Trafficking
Survivor

COME BE A PART OF THE SOLUTION

The Woman's Club of Fullerton
The Power of Women

SATURDAY, MARCH 26, 2022
THE FRIDA CINEMA
305 E. 4TH ST, UNIT 100, SANTA ANA
DOORS OPEN AT 12 PM, EVENT BEGINS 1 PM

Conroy Kanter
Producer
"Trafficked"

The New York Times



Los Angeles Times

The Press Democrat

The Washington Post



THANK
YOU
TO THE
MEDIA



Knowledge to Elevate

THANK YOU

TO OUR MEMBERS AND SPONSORS



ULTRACHEM LABS

