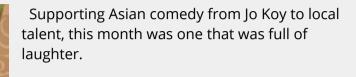
SEPTEMBER 2021



ASIAN INDUSTRY B2B
ENGAGING QUALITY PROFESSIONALS TO IMPACT
COMMUNITIES

COMEDY INVASIAN 2.0 FEATURED 8 GREAT ASIAN COMICS

ROWLAND HEIGHTS, CA











THE ASIAN AMERICAN COMMUNITY SUPPORT YES

ROWLAND HEIGHTS, CA



On August 21, the Asian community gathered in Rowland Heights to support a Yes vote on the Recall.

Asian American small business owners were hit particularly hard by Newsom's cruel laws including the lockdowns and his blame of the spread of COVID on Vietnamese nail salons.

His visibly anti-Asian stance on government racial preferences was also a big hit to his credibility in this community when he endorsed a Yes vote on Proposition 16 in 2020 that would have allowed for the government to consider race in public institutions.









WARM PATRIOTIC WELCOME IN WOODLAND HILLS

WOODLAND HILLS. CA

On August 24, Californians welcomed Larry to Woodland Hills with a rally hosted by LaDonna Hamilton.

Dozens of folks came out with their friends and family. Some held Elder signs to show their support. Others held Recall Newsom signs.

Before Larry's evening event, he event stopped by to say a few words to his future constituents.

In attendance was also actor Scott Baio who has been an outspoken supporter of Larry Elder and the Recall.





SAN BERNARDINO FOR LARRY ELDER



SAN BERNARDINO, CA

On August 28, residents of Inland Empire in the minority community gathered to support, Larry Elder who to many of us, represents the American dream. He was born in South Central to a lower class family who worked their way up to home ownership.

While his campaign does not capitalize on his race, it has become an unavoidable topic for the progressive left who have sought to tarnish his education and successes by attributing them to affirmative action.

For the rest of us, we are proud to support the man who would take on the iconic role of becoming California's first black governor.















FAITH / FAMILY

THE LAST DAYS

BY ANALIA ANDERSON

Bible prophecy tells us in the Book of Revelations in last days we will have a one world government with a cashless society where we will not be able to buy and sell without the Mark of the Beast. Since the "Rona" hit last year, all the forced implementations of facial concealment, isolation, segregation, submission of our heads and wrists for heat scanning, and now denial of entrance or employment into establishments without a pseudo medication are clear indicators that these are all paving the way for the beast system God's Word predicted. While many nonbelievers and believers alike are convinced this life altering injection will prevent illness and death, many others are willing to subject their bodies to this in hopes things will go back to "normal." Unfortunately to us privileged folks accustomed to our luxuries and liberties, things will not. We are being conditioned to make compromises to our health and freedoms little by little. First, the lock downs went from 7 days to 2 weeks. We are closing in on 2 years and the restrictions have become more invasive to our privacy and our human rights.

We as a body of believers need to be privy to the end times prophecies we are in. We must support our local businesses and connect with likeminded followers of Christ who know that our time to buy and sell without the Mark of the Beast is limited. We already see persecution of freedom fighters with censorship and the seizure of their assets. Wait until our currency becomes completely digital globally and we are under the worldwide antichrist leader, all our monies and identities can be obliterated in an instance. We already face loosing our jobs if we do not submit to medical malpractice. We need

to prepare NOW in learning to being self-sufficient living off the fat of the land or bartering with our neighbors. Start learning survival skills and how to be resourceful in emergency situations... growing food and livestock, communicating off the grid, and physical combat tactics in case of an attack. I don't say these things to promote fear, but sound the alarm. The time is near.

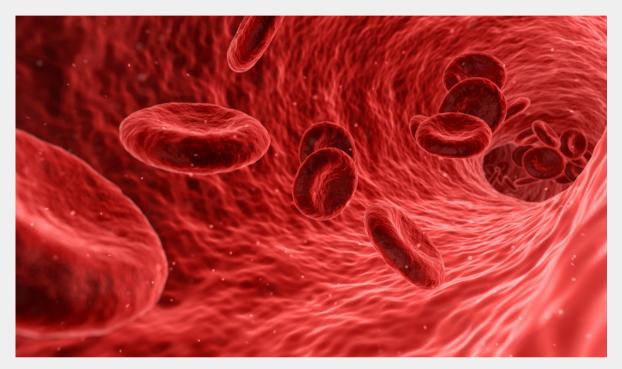
The Good News is that God is faithful to His people. He will protect us and equip us how to do spiritual warfare that tears down strongholds and principalities in high places. We must confront demonic spirits head on and cast them out directly and send them back to the pit of hell in the name of Jesus. We cannot avoid the darkness to come, but we do not need to be a casualty of war. We must navigate through each day fighting those battles God's way through repentance, seeking His Word, obedience, perseverance, and no compromise. Do not lose heart. We must be kingdom-minded and share the gospel so people's eyes will be opened. Those who thought we're all crazy will be flocking to us for help. We can turn the lost from their wicked ways and lead them to salvation in Christ alone. This world is our temporary home. As long as we endure until the end, never forsaking our Lord and winning souls, we will receive the crown of life in eternity with our Creator.

"Blessed is the man who perseveres under trial because, after he has stood the test, he shall receive the crown of life which the Lord has promised to those who love him."—James 1:12

HEALTHY / HAPPY

BLOOD PRESSURE: THE BIG FOUR

BY SHERILL FRANKLIN



How do you like your challenges? Simple? Complex? Do you like having one clear-cut path to follow? Or would you rather have several factors from which to craft your own solution?

I have always been the "one clear-cut path" person. I used to think that showed clarity of thought. Now, I wonder if it just shows inflexibility of mind. (Hmm; this might not be a flattering train of thought, let us move on!)

Some time ago high blood pressure became an important topic in our household. Immediately, the instruction came - "Limit Sodium"! "Got it!", said I. Then the Law of Unintended Consequences kicked in. Banishing the salt shaker, plus limiting foods high in naturally occurring sodium, meant meals in the Franklin household reached new levels of bland. It is counterproductive when meals are barely touched because the diners are too bored to chew!

My one solution was not working well. Then I caught sight of a newspaper article that said, "Sodium Reduction Not the Only Factor in Healthy Blood Pressure". Say what!? No, said the article, potassium, calcium and magnesium work together with sodium to maintain healthy blood pressure.

Sodium is often the one of which we are most aware. Saltiness is an easily identifiable taste, and sodium/salt is essential for making food palatable.

Sodium is found in the extracellular fluid (the fluid surrounding the cells). It increases water retention and constriction of the blood vessels, thereby raising blood pressure. Reduce salt, reduce blood pressure. Very logical. But let us not forget potassium.

Potassium is found in the intracellular fluid (fluid inside the cells). Healthy potassium levels

...continued on next page

keep the fluid levels balanced and help the body maintain healthy blood pressure by excreting excess sodium in the urine. So while it is important to limit sodium intake, it is also important to increase potassium intake so that the body can help to regulate its own blood pressure.

Number three of the Big Four is calcium. When we hear calcium many of us think immediately of bones and teeth. However, another essential function of calcium in the body is to help produce and regulate muscle contraction; of which is the most essential is the rhythmic, constant contraction of the heart.

Rounding out our star minerals is magnesium. I sometimes think of magnesium as the "all things in moderation" mineral.

Magnesium will block the effect of calcium, which, you remember, causes muscles to contract. The heart muscle will relax, thus lowering blood pressure. Magnesium increases the efficacy of potassium by improving its absorption, thus helping the body with removing excess sodium. And this marvelous mineral acts directly on the blood vessels, relaxing the vessel walls and improving their pliability, making the heart's task easier and decreasing blood pressure.

Goodbye to the simple answer! How is the hapless layperson to use all this information? Let us explore this in our next article.

UPCOMING EVENTS



OUR MISSION IS SIMPLE

CHARITABLE

Connecting our members with the most high-integrity charities to perform "random acts of kindness".

CULTURAL

Pushing for fair representation of Asians in print, online, movies and television, ending negative stereotypes.

POLITICAL

Pushing for more Asian Americans in government, furthering our family and pro-business values.



The New York Times



OCBS

Los Angeles Times

The Press Democrat

The Washington Post



THANK YOU TO THE MEDIA











La Opinión











THANK YOU

TO OUR MEMBERS AND SPONSORS





























GLOBAL LIVING