

AIB2B

AUGUST 2021



ASIAN INDUSTRY B2B
ENGAGING QUALITY PROFESSIONALS TO IMPACT
COMMUNITIES

LARRY ELDER ANNOUNCES RUN FOR GOVERNOR



Norwalk, CA

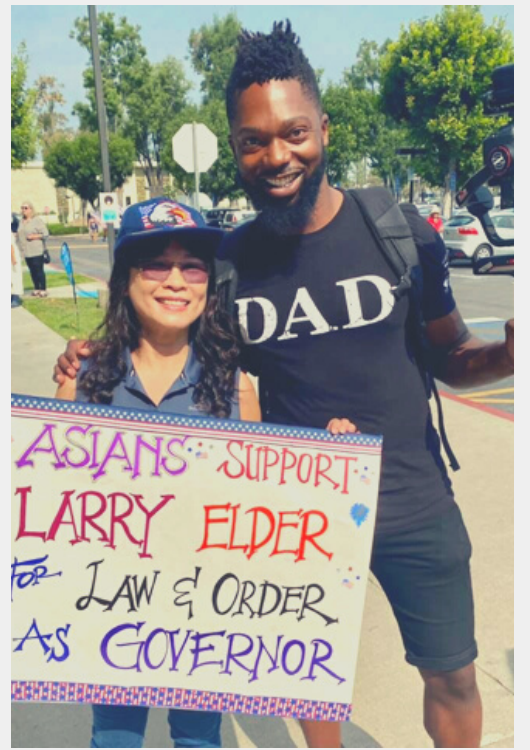
On July 13, hundreds of patriots attended Larry Elder's formal filing ceremony at the Registrar of Voters in Norwalk.

People from all different backgrounds gathered to cheer on Elder as he filed his paperwork.

The crowd prayed for Elder and he gave a few statements on why he is running to save California.

AIB will be supporting Larry Elder as the candidate of choice for this special recall election. To learn more, please visit aib2b.org.





RALLY, RALLY, RALLY #RECALLNEWSOM

IRVINE AND LOS ANGELES, CA



On back to back Saturdays July 24th and 31st, AIB hosted rallies to bring awareness in the community of the special recall election to be held on September 14.

Hundreds attended both events. The first one was at Bill Barber Park in Irvine, the second one was at Will Rogers State Park in Los Angeles.

Members of the community gathered to Recall Newsom, Los Angeles DA George Gascon, and LA City Councilmember Mike Bonin who have been detrimental to the community including those who voted for them.





MEET ARMAITI MAY "THE VEGAN VET"

ONTARIO, CA

On Wed July 21 AIB Health and Wellness hosted a free lunch and seminar at Ultra Chem Labs in Ontario.

The speaker was Armaiti May. She is a veterinarian currently practicing in the Los Angeles area. While an undergraduate student at the University of California Berkeley, she became a vegan and animal activist. She helped campaign for improved vegan options in the dorm cafeterias and produced several vegan food giveaways. She also served as president of both the UC Berkeley chapter of Golden Key International Honor Society and the Cal Pre-Veterinary Society.

To learn more about Dr. May and her mission, please visit www.veganvet.net



SAVE OUR BEACH

SEAL BEACH, CA

On Saturday July 17, AIB volunteers led by Peter Cheng attended the Seal Beach "Save Our Beach" clean up. It is a series of community (not AIB) organized clean ups to help keep Seal Beach clean and safe. Peter is a high school student who recently joined the AIB team. In his spare time, he leads various groups and chambers. He has been effective in organizing volunteer opportunities for his peers. Please feel free to attend our next clean up collaboration with the Seal Beach community or attend one of our future events to meet Peter in person!



ROOFTOP KOREAN SELF DEFENSE

LAWNDALE, CA



On Saturday July 10, members in the community joined AIB member Tony Moon in Lawndale to learn techniques in martial arts. With the uprise of attacks in the community, it is up to each of us to be ready to defend ourselves when help is minutes away.

Tony will be hosting a series of self defense courses every month. Please feel free to join and invite a friend. All are welcome!

LET GOD FIGHT YOUR BATTLES

BY ANALIA ANDERSON



In the times we are in, there will be much division and strife. We don't have to take Satan's bait. He wants to rob, kill, and destroy. The devil wants us to be offended and react to every disagreement, insult, attack, and betrayal. He knows anger is a foothold that leads to strongholds that lead to chaos and severed relationships. Ultimately, bitterness and unforgiveness block our blessings. When we respond to negative comments, it escalates into big arguments or misunderstandings that cause hurt feelings and fuels a flame that was never intended to go that far... or that low. **"Do not answer a fool according to his folly, or you yourself will be just like him."**—Proverbs 26:4.

Our natural instinct is to fight back when challenged or injured. We want to clear our good name, prove a point, be right, or seek revenge. God's ways are the opposite of our flesh. "Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you."—Luke 6:27-28. It requires a lot of self-control and knowing who we are in Christ to remain silent when the devil attacks through other people. We must know that God is our

defender. When we are dealing with people who are blinded by an evil spirit, no amount of words can convince them they are wrong. Only confronting the spirit can break a curse or giving it to God to deal with them. He is faithful to protect us and vindicate us. We must be obedient by not resorting to sin when we get attacked. **"In your anger do not sin."**—Ephesians 4:26. **"Submit yourselves, then, to God. Resist the devil and he will flee from you."**—James 4:7.

God's timing is not our own. His saving hand and deliverance may seem like a day late, but He is always faithful and on time. He tests our faith and stretches our strength and endurance to handle the onslaught. But when God fights for us, His wrath is greater than any kind of recompense we may seek on our own. **"Be sure of this: The wicked will not go unpunished, but those who are righteous will go free."**—Proverbs 11:21. Take the high road and watch God prepare a table for you in the presence of your enemies. He will get the glory!

HEALTHY / HAPPY

REMOTE WORK 4 TIPS TO KEEP YOU AND YOUR BODY HAPPY AND HEALTHY!

BY SHERILL FRANKLIN



Remote work. Yes, it existed before 2020. We all had geeky, techie friends who “knew all about computers” who, apparently, made oodles of money, in their pajamas, with their laptops, while sitting on the couch, eating pizza.

Then came *the pandemic*! And lots of us ordinary people found ourselves in an office of one, with soaring electricity bills and “chat”.

There was a lot to appreciate; a very short commute, greater protection from bad air quality and the option to watch TV at lunchtime. On the other hand, lots of people got stir crazy, depressed, or umm, fat.

First of all, know yourself. Aww, is she going with all of this mindset stuff again? Yep, she sure is! Are you the person who is energized just walking into the office, hearing the work conversations and the phones ringing? Then the home office might seem quiet and lonely. Replace some of that energy with music –

upbeat dance music. Listen to a five-minute comedy clip when you take a break; few things raise the energy like laughter. And make it a point to call a couple friends each day; not to tell them about how miserable you are stuck in the house, but to catch up for a few minutes and share some good news. (Note, if all your friends are downers, skip this step and listen to more comedy.)

Next, get dressed! No going to the office with hair uncombed and your old clothes on. Get yourself well-groomed, well-dressed, heck, go for gorgeous. It will do wonders for your creativity and work output.

Then, as you go through your workday, move around. No more than 75 minutes without a stretch and a walk around the room. Remember that guy who was always going for coffee, or water, or going to the vending machine. Thought he was just lazy and avoiding work, huh? Well, I

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think he was smarter than we knew. Movement increases circulation, respiration and heartrate, all of which increase blood flow to the brain. A walk down the hallway and voila! Those brain cells are awake and firing again.

Last point, make sure to eat! This is where the Fat Fairies get us, isn't it? We say, with an air of helplessness "I gained so much Pandemic weight"! But the truth is, there are no winged cherubs flitting into the house at night putting

chips in the pantry and French Onion dip in the refrigerator. If they are there messing with our waistlines, we put them there.


"Eat Mindfully". Put some broccoli, green beans, lean turkey and fruit in the shopping cart, alongside the brownies and buffalo wings.

Remember, a balanced diet is a huge part of a happy mind.

UPCOMING EVENTS

Asian Industry B2B
WE'VE GOT A STATE TO SAVE

LARRY ELDER FOR GOVERNOR



Sunday August 29
Rally in San Bernardino
10 am to Noon

San Bernardino City Hall
290 N D St
San Bernardino, CA 92401

Asian Industry B2B

WALNUT FAMILY FESTIVAL

Saturday, October 23
11 AM to 3 PM
On A Mission Church
555 Gartel Drive, Walnut, CA 92789

Table Vendor Sponsorships Available
\$150.00 for Nonprofits
\$250.00 for Everyone Else



OUR MISSION IS SIMPLE

CHARITABLE

Connecting our members with the most high-integrity charities to perform "random acts of kindness".

CULTURAL

Pushing for fair representation of Asians in print, online, movies and television, ending negative stereotypes.

POLITICAL

Pushing for more Asian Americans in government, furthering our family and pro-business values.



The New York Times



Los Angeles Times

The Press Democrat

The Washington Post



THANK
YOU
TO THE
MEDIA



Knowledge to Elevate

THANK YOU

TO OUR MEMBERS AND SPONSORS



ULTRACHEM LABS

